



CIRCADIA®

SEASONAL FACIAL PACKAGE

FALL EDITION

SPICED PUMPKIN MOCHA

STEP 1-PRE-CLEANSE

Apply ½ pump Vitamin Veil Cleanser. Cleanse in circular motions and remove thoroughly.

STEP 2-CLEANSE

Apply 1 pump Amandola Milk Cleanser to face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

STEP3- EXFOLIATE & STEAM

Mix ½ tsp. of Cocoa Enzyme Powder and 1 ½ tsp. Cocoa Enzyme Activator into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove all product with warm towel or 4X4 gauze. Pat skin dry.

STEP 4-EXTRACTION (OPTIONAL)

After extraction process, apply Spot Stop to areas of redness.

STEP 5-INFUSE

Spray Blueberry & White Tea Hydrating Mist to face. Apply 1/2 pump Vitamin C Reversal Serum, followed by light tapotement.

STEP 6-NOURISH & MASSAGE

Apply 1-2 pumps Hydralox blend with 1-2 pumps of AquaPorin Hydrating Cream and massage for 5-10 mins, Remove excess products with warm towel.

STEP 7-MASK

Dispense 1 tsp. of Pumpkin Perfecting Mask with Bakuchiol into portion cup. Apply evenly to face & neck with fan brush. Leave on for 10 minutes, Remove mask with warm towel and 4X4 gauze. Pat skin dry.

STEP 8- EYE CARE

Gently stipple ½ pump of Emergency Eye Lift to eye area.

STEP 9-HYDRATE & PROTECT

Apply 1 pump of Vitamin C Reversal Serum to the face and neck.

Cocktail: Post Peel Balm and Light Day Sunscreen Broad Spectrum SPF-37 and apply to face & neck.

PUMPKIN PEEL FACIAL

STEP 1- PRE-CLEANSE (optional)

Apply ½ pump Vitamin Veil Cleanser. Cleanse in circular motions and remove thoroughly.

STEP 2 – CLEANSE

Apply 1 pump Amandola Milk Cleanser to the face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

STEP 3- EXFOLIATE & STEAM

Mix ½ tsp. of Zymase Enzyme powder and 1 ½ tsp. Zymase Enzyme Activator into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove all product with warm towel or 4X4 gauze. Pat skin dry.

STEP 4-NOURISH & MASSAGE

Apply 1-2 pumps Vitamin Veil Cleanser massage for 5-10 mins, Remove excess products with warm towel.

STEP 5-Bakuchiol ENHANCEMENT

Dispense 1 tsp. of Pumpkin Perfecting Mask into a portion cup. Apply with a fan brush to face & neck. Use Steam or a hot towel, leave on the skin for 10 minutes. Thoroughly remove all product with hot towel or 4X4 gauze. Pat skin dry.

STEP 6 – INFUSE

Spray 4-5 mists of Licorice & Bearberry Brightening Mist on the skin, followed by light tapotement

STEP 7- VITAMIN A BOOSTER

Cover eyes with cotton rounds and dispense 3ml of the peel solution in a portion cup. Give client a handheld fan to hold and direct at face. Apply one layer of Vitamin A Accelerator. If you are applying more than one layer, wait 5- 7 minutes in between each layer. After the peel is applied, they are self-neutralizing, and the client will leave with nothing on their skin.

PUMPKIN WHIP FACIAL

STEP 1-PRE CLEANSE

Apply ½ pump Vitamin Veil Cleanser. Cleanse in circular motions and remove thoroughly.

STEP 2-CLEANSE

Apply 1 pump Amandola Milk Cleanser to the face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

STEP 3- BAKUCHIOL ENHANCEMENT

Dispense 1 tsp. of Pumpkin Perfecting Mask into a portion cup. Apply with a fan brush to face & neck. Use Steam or a hot towel, leave on the skin for 10 minutes. Thoroughly remove all product with hot towel or 4X4 gauze. Pat skin dry.

STEP 4-INFUSE

Spray Blueberry & White Tea Hydrating Mist to the face. Apply 1 pump Vitamin C Reversal Serum, followed by light tapotement.

STEP 5-NOURISH & MASSAGE

Use 1-2 pumps of Vitamin Veil Cleanser and Hydralox to massage the neck, shoulders and decollate while the Caviar Lime Mask is on the face.

STEP 6-FINISHING MASK

Dispense 1 tsp. of Marshmallow Whip Hydrating Mask to the skin. Leave on for 10 minutes and remove thoroughly with a hot towel or wet 4x4.

STEP 7-REJUVENATE & PROTECT

Apply 1 pump of Vitamin C Reversal Serum
Apply 1 pump of Post Peel Balm to the face and neck.
Finish with a small pump of Light Day SPF.

S'MORES INDULGENCE

STEP 1-PRE-CLEANSE

Combine ¼ teaspoon Vitamin Veil Cleanser with water. Cleanse in circular motions and remove thoroughly.

STEP 2-CLEANSE

Apply Micro-Exfoliating Honey Cleanser to face, Neck and cleanse in circular motions. Remove Thoroughly. Pat skin dry with a dry 4x4.

STEP 3- EXFOLIATE & STEAM

Mix ½ tsp. Cocoa Enzyme powder and 1 ½ tsp. Cocoa Enzyme Activator into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove all product with warm towel or 4X4 gauze. Pat skin dry.

STEP 4-INFUSE

Spray Blueberry & White Tea Hydrating Mist to face, followed by light tapotement.

STEP 5-Nourish & Massage

Combine 2-3 drops Hydralox with ¼ Vitamin Veil Cleanser and massage for 5-7 minutes, Remove excess products with warm towel.

STEP 6-Mask

Dispense 1 tbs. of Marshmallow Whip Hydrating Mask into portion cup. Apply evenly to face & neck with fan brush. Optional additional massage for 5-7 min. Remove mask with warm towel and 4X4 gauze. Pat skin dry.

STEP 7- Eye Care

Gently stipple Emergency Eye Lift to eye area.

STEP 8-Hydrate & Protect

Apply 2-3 drops of Vitamin C Reversal Serum to face and neck followed by 1 pump of Light Day Sunscreen Broad Spectrum SPF-37.

CLARIFYING DETOX FACIAL

STEP 1- PRE-CLEANSE (optional)

Apply 2 pumps Vitamin Veil Cleanser to the face & neck area. Cleanse in circular motions and remove thoroughly.

STEP 2 – CLEANSE

Apply 1 pump Cleansing Gel to the face & neck area and cleanse in circular motions. Add water to make the cleanser foam. Remove thoroughly and pat skin dry.

STEP 3 – EXFOLIATE

Dispense 1 tsp of Cocoa Enzyme Powder into a portion cup, add 3 tsp of Cocoa Enzyme Activator. Mix well. Apply with a fan brush to face area. Apply a hot towel or/and steam for 7-10 min. Thoroughly remove all product with warm towel. Pat skin dry. **Extractions can be performed after this step**

STEP 4 – NOURISH & MASSAGE

Apply 3-4 pumps of Vitamin Veil and massage for 5-10 mins, remove excess products with warm towel.

STEP 5 – MASK

Dispense 1 tsp of each of the Marshmallow Whip Hydrating Mask & Green Tea mask into portion cup. Mix in a whipping motion. Apply evenly to face & neck with fan brush.

(*Optional* additional hand & arm massage 10 min.)

Remove mask with warm towel and 4X4 gauze. Pat skin dry.

STEP 6 – INFUSE

Spray 10-12 sprays of White Willow & Juniper on the skin, followed by light tapotement.

STEP 7- HYDRATE & PROTECT

Cocktail Post Peel Balm and Light Day Sunscreen Broad Spectrum SPF-37 and apply all over the treated area.

OXYGENATING SMORE FACIAL

STEP 1-PRE CLEANSE

Apply ½ pump Vitamin Veil Cleanser. Cleanse in circular motions and remove thoroughly.

STEP 2-CLEANSE

Apply 1 pump Micro-Exfoliating Honey cleanser to face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

STEP 3- EXFOLIATE AND STEAM

Mix ½ tsp. Cocoa Enzyme powder and 1 ½ tsp. Cocoa Enzyme Activator into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove with warm towel or 4X4 gauze. Pat skin dry.

STEP 4-OXYGENATING STEP

1. Empty Powder Vial & Gel Blister Pack into portion cup.
2. Stir carefully and quickly until powder is dissolved. The mixture will become white & foamy.
3. Apply mixture to face & neck with fan brush.
4. Massage for 2 minutes with gloved hands.
5. Apply 3-5 sprays of Enzyme Activator to face & neck.
6. Massage for 2 minutes with gloved hands.
7. Apply 3-5 sprays of pH Neutralizer to face & neck.
8. Massage for 1 minute.
9. Remove excess with spatula.
10. Apply 3-5 sprays of pH Neutralizer to face & neck.
11. Remove product using COOL damp towel.
12. Apply 3-5 sprays of Citric Spray.

STEP 5-HYDRATING MASK

Dispense 1 tbs. of Marshmallow Whip Hydrating Mask into portion cup. Apply evenly to face & neck with fan brush. Optional additional massage for 5-7 min. Remove mask with warm towel and 4X4 gauze. Pat skin dry.

STEP 6- EYE CARE

Gently stipple ½ pump of Emergency Eye Lift to eye area.

STEP 7-HYDRATE & PROTECT

Apply 1 pump of Vitamin C Reversal Serum to the skin.

Apply equal parts Post Peel Balm & Light Day Sunscreen Broad Spectrum SPF 37.



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