

Prana
SpaCeuticals®

THE *V* COLLECTION
PROFESSIONAL VAJACIAL



PranaSpaCeuticals.com

BREAKOUTS AND BRIGHTEN

STEP ONE

Gently cleanse the area with Hoo Haa Cleanser. Remove with tepid water. If needed beforehand you can pre-cleanse with Intimate Cleansing solution **Pro tip Cleanse with our My Dermatician™ Sonic Cleansing brush for a deeper cleanse.**

STEP TWO

Exfoliate the area using the Pearly Polish in circular Motions. Remove with tepid water.

STEP THREE

Apply the Phresh Peach Enzyme Masque to the area leaving on for 8-10 minutes. Steam is optional, remove with either tepid water or a Sonic Skin scrubber to further enhance exfoliation. Extract ingrowns.

STEP FOUR

Mist Buff Solution over the area.

STEP FIVE

Apply a thin layer of the AHA/BHA Refining Masque. (Leave on under the Intimate Heart Masque.)

STEP SIX

Apply Intimate Heart Sheet Masque over intimate area pressing lightly to make sure it is adhered to the skin, leaving on for 8-10 Minutes. REMOVE with tepid water.

ESTIE BESTIE TIP: Use leftover anti-inflammatory Intimate Heart Serum from sachet, Massage into the skin.

For extremely inflamed skin apply Arnica Calming Gel.

STEP SEVEN

Apply 3-4 Drops of the Prickly Milk Serum, rub in until absorbed.

PRO TIPS

- Cleanse with our My Dermatician™ Sonic Cleansing Brush for a deeper cleanse
- You can remove the Phresh Peach Enzyme Masque with a sonic skin scrubber to further enhance exfoliation, ease extractions, and grooming.
- Keep the Cool-Aid Calming Masque in the refrigerator for an intense cooling sensation.
- You can use residual serum in the Intimate Heart Sheet Masque.

CALM AND CLARITY

STEP ONE

Gently cleanse the area with Hoo Haa Cleanser. Remove with tepid water. If needed beforehand you can pre-cleanse with Intimate Cleansing solution **Pro tip Cleanse with our My Dermatician™ Sonic Cleansing brush for a deeper cleanse.**

STEP TWO

Exfoliate the area using the Pearly Polish in circular Motions. Remove with tepid water.

STEP THREE

Apply the Phresh Peach Enzyme Masque to the area leaving on for 8-10 minutes. Steam is optional, remove with either tepid water or a skin spatula to further enhance exfoliation. Extract ingrowns.

STEP FOUR

Mist Buff Solution over the area.

STEP FIVE

Apply a thin layer of the Cool-Aid Calming Masque (Leave on under the Intimate Heart Masque.)

STEP SIX

Apply Intimate Heart Sheet Masque over intimate area pressing lightly to make sure it is adhered to the skin, leaving on for 8-10 Minutes. REMOVE with tepid water.

ESTIE BESTIE TIP: Use leftover anti-inflammatory Intimate Heart Serum from sachet, Massage into the skin.

For extremely inflamed skin apply Arnica Calming Gel.

STEP SEVEN

Apply 3-4 Drops of the Prickly Milk Serum, rub in until absorbed.

ESTIE RETAIL SUGGESTIONS

- VR Spray
- Intimate Heart Sheet Masque
- Hoo Haa Cleanser
- Hoo Haa Lotion
- Bikini Bottom
- Anti-FriXtion Powder

What are Vajacials?

Vajacials are facials for the vulva of the vagina, focusing on the bikini line and outer labia. A vajacial treats ingrown hairs, removes dead skin cells, smooths bumps around the bikini line, and helps to treat Hyper-friction™, aka discoloration. All to maintain healthy and hydrated skin in the vaginal area. These treatments complement other services in-between such as waxing or our signature Intimate Brightening System to help maintain results.



FOLLOW UP CARE

For Optimal results, schedule in between our Professional Intimate Brightening System as maintenance. We recommend having your client come in once a month to help maintain bright and smooth skin. Your client can continue to use the Bikini Homecare Kit as directed afterward.

CONTRAINDICATIONS

- ANY Waxing the day of, we recommend waiting 2-5 days after the service.
- Menstrual Cycle (This treatment can be done 5 days Prior or after cycle)
- Pregnant or Lactating women should Seek Physician approval
- DO NOT treat any open lesions, sores, or Wounds
- If you have a history of herpes simplex viral infections in the area being treated, you will need to take a prescription antiviral medication to prevent an outbreak. This medication should start three days prior to the procedure and continued 5 days post care.

COLLECTION KIT INCLUDES:

- 16oz Hoo Haa Cleanser
- 16oz Buff Solution
- 16oz Phresh Peach Enzyme Masque
- 16oz Cool-Aid Calming Masque
- 8oz Pearly Polish
- 4oz Prickly Milk Serum
- 2oz AHA/BHA Refining Masque
- 8 Intimate Heart Sheet Masque

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