

HALE & HUSH[®] TREATMENT PROTOCOL

Acneic Skin Protocol Using Hale & Hush

FEATURES OF TREATMENT:

This treatment is for those clients with normal to oily skin and healthy barrier function with grade I or II acne. This treatment will detox, clarify, & lighten skin tone, while managing sebum production, & decreasing break outs & congestion.

BENEFITS OF TREATMENT:

- Optimizes complexion, reducing dullness and evens skin tone.
- Rejuvenates, exfoliates, and clarifies texture.
- Naturally lightens and brightens.
- Naturally clarifies skin, helps to control sebum and reduces appearance of enlarged pores.
- Powerful anti-inflammatory, antibacterial, astringent, antifungal and antioxidant properties.
- Protects barrier function and moisturization of stratum corneum.

PRODUCTS:

- Quiet Wash
- Refine Polish
- Incredible Enzymes
- Clear Future Toner
- Relief Bio-Powder
- Soothe Essence Serum
- Eye Mousse or Brilliant Eye & Lip Serum
- Hush Hydrate Gel or Vital Lipid Lotion
- Broad Spectrum SPF 30

HIGHLIGHTED PRODUCTS:

Incredible Enzymes optimizes the skin's complexion on the surface and at the cellular level using a blend of botanical exfoliating enzymes that work to rejuvenate and repair tone and texture while brightening and clarifying the skin (pH 5.6).

Clear Future Toner is formulated to control blemishes while naturally clarifying skin and shrinking enlarged pores while maintaining the pH balance of the skin. It will leave skin clean, refreshed and more resistant to congestion and breakouts (2% salicylic acid).

STEPS FOR TREATMENT

PRE-CLEANSE: : Apply ½ to 1 pump of **Quiet Wash** and emulsify with tepid water. Rinse thoroughly.

CLEANSE: Apply ½ to 1 pump of **Quiet Wash** and emulsify with tepid water. Rinse thoroughly. **OR** apply a 1/2 teaspoon of **Refine Polish** with **Quiet Wash** for extra exfoliation. Rinse thoroughly.

EXFOLIATE: Apply ½-1 teaspoon of **Incredible Enzymes** (with or without steam) to face and neck for 3-5 minutes and rinse well. (If necessary, perform an additional cleanse ½ - 1 pump of **Quiet Wash**.)

NOURISH: Wipe skin with wet, soft gauze or cotton soaked in 3-4 pumps of **Clear Future Toner**. Perform extractions at this time.

MASK: Apply ½- 1 tablespoon of **Hush Hydrate Mask** with 2-3 shakes of **Relief Bio-Powder** liberally for 5-10 minutes. Remove residual mask with towel.

TREAT: Apply 1-2 pumps of **Soothe Essence Serum** to face and neck.

ENHANCE: Apply ¼ pump of eye treatment (**Eye Mousse** or **Brilliant Eye & Lip Serum**) to the eye area.

HYDRATE: Apply 1-2 pumps of moisturizer (**Hush Hydrate Gel** or **Vital Lipid Lotion**) to the face and neck.

PROTECT: Apply 1-2 pumps of **Broad Spectrum SPF 30** to face and neck.

TREAT: Apply ¼ pump of **Brilliant Eye & Lip Serum** to the lips.

See Reverse for Notes & Contraindications

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NOTES AND RECOMMENDATIONS:

- Prior to performing this protocol, it is recommended to patch test specific products on all clients especially with sensitive and Health-Challenged Skin®.
- Wear gloves and sanitize regularly.
- Use steam & hot towels with extreme caution. Have cool towels available if client is agitated by ingredient activity to remove product quickly.
- Do not heavily rub or try to penetrate the product into the skin.
- Check the client's health history for medications, allergies or sensitivities to any ingredients in any of these products.
- Do not leave products containing enzymes on skin longer than the recommended time.
- An effective at home skincare routine is recommended for every client.

CAUTIONS AND CONTRAINDICATIONS:

- Do not use on skin with open lesions, sores or wounds.
- Do not use on broken/cracked, sun-burned or rashy skin.
- Do not use on open comedones, or cystic acne (grades 3 & 4).
- Do not use on clients with compromised barriers or active skin conditions.
- Do not use on clients who have allergies to natural fragrances (Incredible Enzymes).
- Do not use on clients who have allergies to salicylic acid (Clear Future Toner).
- The use of SPF is mandatory for 2 weeks daily following application of this treatment.
- It is recommended that use of Vitamin A (retinals and retinols), enzyme masks or scrub/polishing products not be used 5 days after this treatment.
- Do not wax 3 days before or one week after treatment.
- Check with physician if client is pregnant, breast feeding, on chemotherapy drugs, have a severe autoimmune disease or any health condition that may need a physician's release to perform this treatment.
- Please refer to a Physicians Desk reference manual to assure there will be no conflicts with prescribed or OTC medications and ingredients used in these products.
- Avoid contact with eyes. Keep out of reach of children.
- If any reactions occur during treatment, cease the use of these products immediately.

*Please refer to the specific product data sheets with additional questions, concerns and for the complete ingredient listing for each product.