

# Dermaplane Pro Facial Treatment

## Sensitive Skin Protocol

### FEATURES OF TREATMENT:

This treatment is for those clients with sensitive or sensitized skin. This restorative treatment specifically reduces inflammation, redness, and itchiness while calming, healing and nourishing the skin. This treatment also adds a great exfoliation and deep hydration that can improve complexion and boost your skin's immunity which will help prevent future irritations. The combination of Refine Polish, Soothe Essence Serum with a Dermaplaning treatment will exfoliate, brighten, and revive sensitive skin.

Dermaplaning immediately rejuvenates the skin by removing the top layer of skin cells from the stratum corneum along with vellus hair. It is highly effective in minimizing the appearance of fine lines wrinkles and acne scars while leaving the skin smooth, supple and vibrant.

### BENEFITS OF TREATMENT:

- Calms sensitive, red, inflamed and irritated skin.
- Creates a more even and brighter skin tone.
- Supports and helps to repair skin's microbiome and barrier function.
- Produces anti-inflammatory and anti-allergy effects to heal skin from the inside out.
- Supports moisture and protection against environmental-damage effects.
- Offers detoxifying and brightening benefits.
- Soothes and cools skin immediately on contact.
- Diminishes the appearance of fine lines and other signs of aging skin.
- Helps heal blemishes or other skin imperfections.
- Reduces the appearance of acne scarring.

### HALE & HUSH PRODUCTS:

- Quiet Wash
- Refine Polish
- Mist Me Spritz
- Hush Hydrate Mask
- Relief Bio-Powder
- Soothe Essence Serum
- Eye Mousse
- Broad Spectrum SPF 30

### DERMAPLANE PRO:

- AHA/BHA Skin Prep Solution
- Nourishe Dermaplaning Oil
- #10D or 10R Dermaplaning Blade
- Blade Handle

### STEPS FOR TREATMENT

**PROCEDURE:** Complete Forms, Setup Table, Load dermaplaning blade onto handle - rewrap in blade package and set aside.

**PRE-CLEANSE:** Apply **Quiet Wash** and emulsify with tepid water. Rinse thoroughly with tepid water and towels. Using no steam.

**CLEANSE:** Apply **Quiet Wash** and emulsify with tepid water. Rinse thoroughly with tepid water and towels. Using no steam.

**PREP:** Prep skin with **DermaplanePro AHA/BHA Skin Prep Solution** on 2x2" gauze or cotton pad. Cover eyes with goggles or cotton rounds & perform Skin Analysis.

**TREATMENT:** Put on gloves. Tweeze coarse hair on chin if needed. Apply 1-2 pumps of **Nourishe Dermaplaning Oil** to face and neck. You should see only a light film on the skin. Over lips is ok. Avoid getting in eyes.

*See Reverse for continued Steps for Treatment, Notes & Contraindications*

**STEPS FOR TREATMENT (CONTINUED)**

**DERMAPLANING:** Begin on the forehead holding skin taut between thumb and index finger, hold the blade at a 45 degree angle and move between the bracing fingers for 6-passes (sensitive), 8-passes (normal) & 10-passes (resilient) skin. As you **dermaplane**, wipe blade on gauze to clear of debris. Do NOT **dermaplane** thicker hairs / Tweeze them. After **dermaplaning**, thoroughly check skin to make sure all areas have been treated. Touch-up as needed. Use a damp 4 x 4 to remove residue.

**EXFOLIATE:** Apply a dime size amount of **Refine Polish** to face and neck with a fan brush and massage for 3-5 minutes and rinse well. Remove with tepid towel or 4 x 4 pad to lightly brush excess beads off the skin. **NOTE:** Depending on sensitivity you MAY use steam for up to 4 minutes. Perform extractions if necessary.

**CLEANSE:** Apply **Quiet Wash** and emulsify with tepid water. Rinse thoroughly with tepid water and towels. Using no steam.

**NOURISH:** Wipe skin with wet, soft gauze or cotton soaked in **Mist Me Spritz**.

**MASK:** Apply **Hush Hydrate Mask** with 2-3 shakes of **Relief Bio-Powder** with a mask brush liberally for 5-10 minutes. Cold Globes may be used for cooling massage on face. Remove residual mask with tepid towel.

**TREAT:** Apply **Soothe Essence Serum** by patting into the skin until absorbed.

**ENHANCE:** Apply **Eye Mousse** to the upper and lower eye area.

**PROTECT:** Apply **Broad Spectrum SPF 30** to face and neck.

**RECORD:** Record treatment on client forms and document products used.

**NOTES AND RECOMMENDATIONS:**

- Prior to performing this protocol, it is recommended to patch test specific products on all clients especially with sensitive and Health-Challenged Skin<sup>SM</sup>.
- Wear gloves and sanitize regularly.
- Use steam & hot towels with extreme caution. Have cool towels available if client is agitated by ingredient activity to remove product quickly.
- Do not heavily rub or try to penetrate the product into the skin.
- Check the client's health history for medications, allergies or sensitivities to any ingredients in any of these products.
- Do not leave products on skin longer than the recommended time.
- An effective at home skincare routine is recommended for every client.
- Follow all protocols and instructions for the Dermaplaning Pro treatment and products listed in the procedure manual provided by Dermaplane Pro.

**CAUTIONS AND CONTRAINDICATIONS:**

- Do not use on skin with open lesions, sores or wounds.
- Do not use on broken/cracked, sun-burned or rashy skin.
- Do not use on open comedones, or cystic acne (grades 3 & 4).
- Do not use on clients with compromised barriers or active skin conditions.
- Do not use on clients who have allergies to natural fragrances (Mist Me Spritz).
- The use of SPF is mandatory for 2 weeks daily following application of this product.
- Do not wax or sugar 3 days prior or one week after treatment.
- Check with physician if client is pregnant, breast feeding, on chemotherapy drugs, have a severe autoimmune disease or any health condition that may need a physician's release to perform this treatment.
- Please refer to a Physicians Desk reference manual to assure there will be no conflicts with prescribed or OTC medications and ingredients used in this product.
- Avoid contact with eyes. Keep out of reach of children.
- If any reactions occur during treatment, cease the use of these products immediately.
- Avoid all contraindications for Dermaplane Pro Treatments and products listed in the procedure manual provided by Dermaplane Pro.

\*Please refer to the specific product data sheets with additional questions, concerns and for the complete ingredient listing for each product..

\*Please refer to the procedure manual for all questions regarding the Dermaplane Pro Treatment and Dermaplane Pro products or contact Dermaplane Pro directly with any questions or concerns.