

# HALE & HUSH® TREATMENT PROTOCOL

## Incredible Enzymes Sensitive Skin Protocol

### FEATURES OF TREATMENT:

Incredible Enzymes is a powerhouse against lusterless skin. It optimizes the skin's complexion on the surface and at the cellular level, using a blend of botanical exfoliating enzymes and refinement assistants that work together to rejuvenate and repair tone and texture while brightening and clarifying the skin (pH 5.6).

### BENEFITS OF TREATMENT:

- Optimizes complexion on surface and cellular levels.
- Rejuvenates, exfoliates, and clarifies texture.
- Naturally lightens and evens skin tone.

### PRODUCTS:

- Quiet Wash
- Incredible Enzymes
- Mist Me Spritz
- Hush Hydrate Mask
- Relief Bio-Powder
- Soothe Essence Serum or Rare C Serum or Rare Retinal Serum
- Eye Mousse or Brilliant Eye & Lip Serum
- Hush Hydrate Gel or Vital Lipid Lotion or Saffron Meristem Cream
- Broad Spectrum SPF 30

### STEPS FOR TREATMENT

**PRE-CLEANSE:** Apply ½ to 1 pump of **Quiet Wash** and emulsify with tepid water. Rinse thoroughly.

**CLEANSE:** Apply ½ to 1 pump of **Quiet Wash** and emulsify with tepid water. Rinse thoroughly.

**EXFOLIATE:** Apply ½-1 teaspoon of **Incredible Enzymes** to face and neck for 3-5 minutes and rinse well. (If necessary, perform an additional cleanse using ½ to 1 pump of **Quiet Wash**.)

**NOURISH:** Wipe skin with wet, soft gauze or cotton soaked 3-4 sprays of **Mist Me Spritz**.

**MASK:** Apply ½- 1 tablespoon of **Hush Hydrate Mask** with 2-3 shakes of **Relief Bio-Powder** liberally for 5-10 minutes. Remove residual mask with towel.

**TREAT:** Apply 1-2 pumps of Serum (**Soothe Essence Serum**, **Rare C Serum** or **Rare Retinal Serum**) to face and neck.

**ENHANCE:** Apply ¼ pump of eye treatment (**Eye Mousse** or **Brilliant Eye & Lip Serum**) to the eye area.

**HYDRATE:** Apply 1-2 pumps of moisturizer (**Hush Hydrate Gel**, **Vital Lipid Lotion** or **Saffron Meristem Cream**) to the face and neck.

**PROTECT:** Apply 1-2 pumps of **Broad Spectrum SPF 30** to face and neck.

**TREAT:** Apply ¼ pump of **Brilliant Eye & Lip Serum** to the lips.

*See Reverse for Notes & Contraindications*

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# HALE & HUSH<sup>®</sup> TREATMENT PROTOCOL

## NOTES AND RECOMMENDATIONS:

- Prior to using this product, it is recommended to patch test all clients especially with sensitive and Health-Challenged Skin<sup>®</sup>.
- Wear gloves and sanitize regularly.
- Use steam & hot towels with extreme caution. Have cool towels available if client is agitated by ingredient activity to remove product quickly.
- Do not heavily rub or try to penetrate the product into the skin.
- Check the client's health history for medications, allergies or sensitivities to any ingredients in this product.
- Do not leave product on skin longer than the recommended time.

## CAUTIONS AND CONTRAINDICATIONS:

- Do not use on skin with open lesions, sores or wounds.
- Do not use on broken/cracked, sun-burned or rashy skin.
- Do not use on open comedones, current breakouts or cystic acne (grades 3 & 4).
- Do not use on clients with compromised barriers or active skin conditions.
- Do not use on clients who have allergies to natural fragrances.
- This product contains four enzymes (pineapple, papaya, fig and pomegranate). The use of SPF is mandatory for 2 weeks daily following application of this product.
- It is recommended that use of Vitamin A (retinals and retinols), enzyme masks or scrub/polishing products not be used within 5 days of this treatment.
- Do not wax 3 days before or one week after treatment.
- Check with physician if client is pregnant, breast feeding, on chemotherapy drugs, have a severe autoimmune disease or any health condition that may need a physician's release to perform this treatment.
- Avoid contact with eyes. Keep out of reach of children.
- Please refer to a Physicians Desk reference manual to assure there will be no conflicts with prescribed or OTC medications and ingredients used in this product.
- If any reactions occur during treatment, cease the use of this product immediately.

\*Please refer to the product data sheet for Incredible Enzymes for additional questions, concerns and for the complete ingredient listing for this product.