

LightStim+

Incredible Enzymes Sensitive Skin Protocol

FEATURES OF TREATMENT:

Incredible Enzymes is a powerhouse against lusterless skin. It optimizes the skin's complexion on the surface and at the cellular level, using a blend of botanical exfoliating enzymes and refinement assistants that work together to rejuvenate and repair tone and texture while brightening and clarifying the skin (pH 5.6).

LED or low-level light therapy is perfect for sensitive skin and can stimulate the body's cells, activating their own natural processes for healing, renewing cell function and reducing inflammation. LightStim Anti-Aging devices work to rejuvenate the skin, improve skin tone, reduce fine lines and wrinkles, diminish the appearance of redness and optimize skin function.

BENEFITS OF TREATMENT:

- Optimizes complexion on surface and cellular levels.
- Rejuvenates, exfoliates, and clarifies texture.
- Naturally lightens and evens skin tone.
- Deeper exfoliation and detoxifying of the skin.
- Deeper product penetration and effectiveness.

PRODUCTS:

- Quiet Wash
- Incredible Enzymes
- Mist Me Spritz
- Hush Hydrate Mask
- Relief Bio-Powder
- Sooth Essence Serum, Rare C Serum, or Rare Retinal Serum
- Eye Mousse or Brilliant Eye & Lip Serum
- Hush Hydrate Gel, Vital Lipid Lotion or Saffron Meristem Cream
- Broad Spectrum SPF 30

TOOLS:

- LightStim+ LED Anti-Aging Pro Panel, Elipsa, or Pro Handheld devices.

STEPS FOR TREATMENT

PRE-CLEANSE: Apply a dime size amount of **Quiet Wash** directly to skin to remove make up and oils. Then add water to the skin and cleanse. Remove thoroughly with a cool towel or microfiber pads.

CLEANSE: Apply a dime size amount of **Quiet Wash**, emulsify with tepid water and cleanse the skin. Rinse thoroughly with a cool towel.

EXFOLIATE: Apply a thin layer of **Incredible Enzymes** to the skin for 3-5 minutes then rinse well with cool towel. (If necessary, perform an additional cleanse using **Quiet Wash**.) Perform extractions if necessary.

NOURISH: Wipe skin with wet, soft gauze or cotton soaked in **Mist Me Spritz**.

TREAT: Apply 1-2 pumps of choice of serums for skin type (**Sooth Essence Serum** or **Rare C Serum**) to face and neck.

See page 2 for continued Steps for Treatment, Notes & Contraindications

STEPS FOR TREATMENT (CONTINUED)

LED LIGHT THERAPY: Cover eyes with goggles and place **LightStim+ Pro Panel** over the skin for 20 minutes.

MASK: Place a quarter size amount of **Hush Hydrate Mask** with 3-5 shakes of **Relief Bio-Powder** in bowl and combine. Liberally apply to the skin with mask brush and let penetrate the skin for 5-10 minutes. Remove residual mask with cool towel.

TREAT: Apply 1-2 pumps of choice of serums for skin type (**Soothe Essence Serum, Rare C Serum** or **Rare Retinal Serum**) to face and neck.

ENHANCE: Apply a ¼ pump of **Eye Mousse** to the eyes.

HYDRATE: Apply 1-2 pumps of appropriate moisturizer according to skin type (**Hush Hydrate Gel, Vital Lipid Lotion** or **Saffron Meristem Cream**) to face and neck.

PROTECT: Apply 1-2 pumps of **Broad Spectrum SPF 30** by patting sunscreen into the skin.

TREAT: Apply ¼ pump of **Brilliant Eye & Lip Serum** to the lips.

NOTES AND RECOMMENDATIONS:

- Prior to using this product, it is recommended to patch test all clients especially with sensitive and Health-Challenged Skin®.
- Wear gloves and sanitize regularly.
- Use steam & hot towels with extreme caution. Have cool towels available if client is agitated by ingredient activity to remove product quickly.
- Do not heavily rub or try to penetrate the product into the skin.
- Check the client's health history for medications, allergies or sensitivities to any ingredients in this product.
- Do not leave product on skin longer than the recommended time.
- Follow all protocols and instructions for the LightStim+ Pro Panel, Elipsa or Pro Handhelds listed in the owner's manual provided by LightStim+.

CAUTIONS AND CONTRAINDICATIONS:

- Do not use on skin with open lesions, sores or wounds.
- Do not use on broken/cracked, sun-burned or rashy skin.
- Do not use on open comedones, current breakouts or cystic acne (grades 3 & 4).
- Do not use on clients with compromised barriers or active skin conditions.
- Do not use on clients who have allergies to natural fragrances.
- This product contains four enzymes (pineapple, papaya, fig and pomegranate). The use of SPF is mandatory for 2 weeks daily following application of this product.
- It is recommended that use of Vitamin A (retinals and retinols), enzyme masks or scrub/polishing products not be used within 5 days of this treatment.
- Do not wax or sugar 3 days before or one week after treatment.
- Check with physician if client is pregnant, breast feeding, on chemotherapy drugs, have a severe autoimmune disease or any health condition that may need a physician's release to perform this treatment.
- Avoid contact with eyes. Keep out of reach of children.
- Please refer to a Physicians Desk reference manual to assure there will be no conflicts with prescribed or OTC medications and ingredients used in this product.
- If any reactions occur during treatment, cease the use of this product immediately.
- Avoid all contraindications for the LightStim+ Pro Panel, Elipsa or Pro Handhelds listed in the owner's manual provided by LightStim+.

*Please refer to the product data sheet for Incredible Enzymes for additional questions, concerns and for the complete ingredient listing for this product.

*Please refer to the owner's manual for all questions regarding the LightStim+ Pro Panel, Elipsa or Pro Handhelds or contact LightStim+ with any questions or concerns.