# HALE & HUSH TREATMENT PROTOCOL

# **Vajacial Treatment (With Hair Removal)**

# **FEATURES OF TREATMENT:**

This treatment is for those clients with sensitive or sensitized skin. This restorative treatment specifically reduces inflammation, redness, and itchiness while calming, healing and nourishing the skin. This treatment also adds a great exfoliation and deep hydration that can improve complexion and boost skin's immunity, which will help prevent future irritations. Refine Polish is a very effective treatment for intimate areas to remove blackheads and ingrown hairs, detoxify and retexture skin while leaving the skin lighter, brighter and feeling smoother.

#### **BENEFITS OF TREATMENT:**

- Calms sensitive, red, inflamed and irritated skin.
- Creates a more even skin tone.
- Supports and helps to repair skin's microbiome and barrier function.
- Produces anti-inflammatory and anti-allergy effects to heal skin from the inside out.
- Supports moisture and protection against environmental-damage effects.
- Offers detoxifying and brightening benefits.
- Soothes and cools skin immediately on contact

## **PRODUCTS:**

- Quiet Wash
- Refine Polish
- Wax or Sugar for Hair Removal
- Mist Me Spritz

- Soothe Essence Serum
- Hush Hydrate Mask
- Relief Bio-Powder

### STEPS FOR TREATMENT

**CLEANSE:** Apply ½ a pump of **Quiet Wash** and emulsify with tepid water. Rinse thoroughly.

**EXFOLIATE:** Apply a ½ teaspoon of **Refine Polish** and massage for 3-5 minutes and rinse well.

HAIR REMOVAL: Remove all unwanted hair using protocols with desired wax or sugar brand.

**EXTRACTIONS:** Perform extractions to remove ingrown hairs if necessary.

**NOURISH:** Wipe skin with wet, soft gauze or cotton soaked in 3-4 sprays of **Mist Me Spritz**.

**TREAT:** Apply 1 pump of **Soothe Essence Serum** to the skin.

MASK: Apply ½-1 teaspoon of **Hush Hydrate Mask** with 2-3 shakes of **Relief Bio-Powder** liberally for 5-10 minutes until is soaks into skin. Massage residual mask or wipe with dry cotton round. Do not rinse off mask.

See Reverse for Notes & Contraindications

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#### NOTES AND RECOMMENDATIONS:

- Prior to using this product, it is recommended to patch test all clients especially with sensitive and Health-Challenged Skin®.
- Wear gloves and sanitize regularly.
- Use steam & hot towels with extreme caution. Have cool towels available if client is agitated by ingredient activity to remove product quickly.
- Do not heavily rub or try to penetrate the product into the skin.
- Check the client's health history for medications, allergies or sensitivities to any ingredients in this product.
- An effective at home skincare routine is recommended for every client.

### **CAUTIONS AND CONTRAINDICATIONS:**

- Do not use on skin with open lesions, sores or wounds.
- Do not use on broken/cracked, sun-burned or rashy skin.
- Do not use on open comedones, current breakouts or cystic acne (grades 3 & 4).
- Do not use on clients with compromised barriers or active skin conditions.
- Do not use on clients who have allergies to natural fragrances. (Mist Me Spritz)
- Check with physician if client is pregnant, breast feeding, on chemotherapy drugs, have a severe autoimmune disease or any health condition that may need a physician's release to perform this treatment.
- Please refer to a Physicians Desk reference manual to assure there will be no conflicts with prescribed or OTC medications and ingredients used in this product.
- Avoid contact with eyes. Keep out of reach of children.
- If any reactions occur during treatment, cease the use of this product immediately.

<sup>\*</sup>Please refer to the specific product data sheets for additional questions, concerns and for the complete ingredient listing for this product